

## **Appendix iii. A Gibbons - His Book, July 1st 1874**

### **A list of Receipts<sup>1</sup>**

#### **To draw out a pimple**

Work up honey, white of a leek and a bit of flour and put it to the place

#### **To draw out an abscess**

Take a turnip and toast it. Put it to the place

#### **A receipt for drenching Calves for the Husk Mr. Blakes**

1/2 Pint Oil Amber

1/2 Pint Spirits Turpentine

1 Pint Linseed Oil

1 Once Ginger Powder

Sufficient for sixteen calves. 8 Tablespoonful in each nostril and drench them with the rest of it. Be very gentle about it.

#### **Receipt for Sprains**

2d<sup>2</sup> Duldock, 2d Oil of Spikes, 2d Oil of Elder, 2d Swallows, 2d Origanum,  
2d Turpentine, 2d Hartshorn, 2d Vinegar

#### **A Receipt for Husk in Calves**

Single Handful Wormwood

Di Feather Bow

1 Quart of Hen Dung

1/2 Handful of Rue

Stale wine enough to boil it in, when boiling put in a quart of coals

Boil it together for an hour and half or two hours

Give each calf a 1/2 a pint three mornings following fasting

#### **Receipt for Pain in the Back**

1d Juniper Drops, Balsompivey, Sweet Wine

To be taken 7 or 8 drops at a time

#### **A Receipt for Red Water**

1lb of Cattle salts

1/4 lb of Mutton Suet or 3 or 4 candles in a Quart or 3 pints of old Hale Beer

1 oz of pepper

#### **For Udder Ill**

1lb of Epson Salts

1oz Powdered Vine

1oz Powdered Ginger mixed in 1 Quart of warm gruel

#### **A receipt from Mr. Coleyns Doctor for Stomach Complaint**

1oz of Milk of Brimstone

1oz of Carbonate Magnesia

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<sup>1</sup> Receipt was used instead of the word recipe at this time

<sup>2</sup> Not sure what d was short for, but think probably dram

mixed together and taken a tea spoonful mornings two or three times a week

#### **Mr. Carlisles Receipt for Abscess**

A Teaspoonfull Milk of Brimstone in a Glass of Milk every other morning fasting  
Plaster and apply

#### **Receipt for lame sheep**

2oz of Salt Petre  
2oz Spirits of Turpentine  
2oz Yellow Arsenic  
2oz Verdigris  
2oz Blue Stone  
2oz Roach Alum  
To be mixed in a quart of cold vinegar  
*Mr. C Hancocks*

#### **A Receipt for Broken Knees or Galls of the Collar & in Horses**

1oz of scald milk  
1/2 pt Chimney soot  
1/2 handfull Ground Ivy  
Pegs Black  
Boil it until it comes to 1/2 a pint and rub the part well every morning.

#### **For Udder Ill**

1oz Epsom Salts  
1oz Powdered Vine  
1 Do Powdered Ginger  
Mixed in 1 Quarts of warm Gruel

#### **Mr James Receipt for Red Water**

2oz Salt Petre  
1 Pint Chimney soot in milk enough to thicken proper to give, and give lard or oil

#### **Mr. Griffin's Receipt for Red Water in Bullocks**

1lb Common Salt in 2 Quart spring water with 2 Candles

#### **Receipt For scouring Lambs**

Take a handful of Elderbossom Featherfew Lowsear and Rosemary of each sort with one  
Once of Anniseed

Boil together in one Gallon of Water for a Quarter of an Hour. Then add six ounces of  
Treacle 4 oz of Tar 2lb of salts stir it till all dissolved, or nearly cold. Let it stand till cold  
then add 2 Ounces of Turpentine Shake it well before you use it and give each Lamb one  
Wine Glass full.

The Lambs to be kept without anything to eat the night before and not come to any water  
the day after, drench them three times, every other morning

#### **Receipt for Husk in Calves**

A Teaspoonful of Spirits of Turkey Tar in Each Nostril. For a Lamb a Teaspoonful in each  
nostril

#### **Drench for a Horse for Gripes of inflammation**

1/2 pint Linseed Oil

1 ounce sweet spirits Vine

1 ounce salt Petre

If the horse is not easier to be repeated in half an hour

### **Receipt for scour in bullocks**

One handful of Box. Baked and rubbed to powder boiled in about a Quart of scald milk in the morning fasting

### **For Phislelow or Poll evil in a Horse**

Take some cob and pour Boiling white wine vinegar and make it up to a Poultice and Put it to the place all Hot

### **To strike a Cow's Udder where it is scruffy**

A Pint Vinegar and 2 Eggs beat up together and apply 1/4 Pint Supertime mixed together

### **Receipt for a Bullock when swollen**

1/2 Pint Turpentine in a Pint or Pint and half of warm water

When swelling gone back give Linseed to cleanse the stomach *Mr. Mogridge's*

### **To give a Cow after Calving when fearing the drop**

1lb of Epsom salts Mr Mogridge's

### **Mr Sommers Receipt for making lime water**

1/2lb Lime in three Quarts of water.

Take a wineglass full three times a day in milk

### **Mr Modridge's Receipt for Cow that gives Bloody Milk.**

Quarter Pound Milk of Brimstone in Scald Milk

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### **A receipt for Swollen Bullocks**

a wineglass of Turpentine in a 1/2 pint of Linseed Oil

### **Receipt for Poultice in a Horse**

1/2 Pint Vinegar

1/2 Pint Turpentine

Snail Shells

Wash the wound with the vinegar and Turpentine. Wash the shells and powder them and put into the wound.

### **Mr. Hancocks of Bawstone Receipt for Quarter E Oil**

Take a Quart of Urine and boil it with a small handful of Oak Bark from small limbs of Oak until it shrinks half and then strain the bark from the liquid and then add 2oz of Salt Petre and a small handful of table salt this is a dose for a calf one year old, half this dose for 6 months old this must be done about Michaelmas week They must be shut in by night for a week after drinking, also be kept in the night of drinking without meal.

### **Mrs Chanes Oils**

2 Penny'th Oil Origanum

2 Do. Spirits Turpentine

2 Do. Spirits Wine

Mixed with 2 Penny'th Linseed Oil

### **Oils for Strains or Bruises**

1 Quart Vinegar  
1/2 Pint Turpentine  
2oz Spirits Wine  
2oz Camphor  
2 Eggs well beaten  
Fistful for use

### **Ointment for an Ulcerated Throat it will give ease quickly**

Ingredients

Quarter of mutton suet from the Kidney melted and strained off add three ounces of unwashed butter one ounce and half of Beeswax sliced and melted together add quarter lb of Powdered Flosin mix it well stored over a slow fire until nearly cold then push in jars for use the way to apply it spread it cold and apply in cold on a piece of new cloth three inches wide from ear to ear pressing it to the throat with a piece of flannel

### **Hot Pickle**

To Three quarts of Vinegar put 8 ounces of Ginger half of mace quarter of a hundred of shallots half teaspoon of Cayenne Pepper, one ounce of Mustard seeds boil altogether when cold put in jars what vegetables you like wipe them and push them in your pickle

### **Receipt for drops or Milk fever**

Aromatic Spirits of Ammonia 10oz  
Spirits of Nitros 20oz  
Mix and give in 2-3oz doses  
The first 5 doses every half hour  
The last every hour  
Each dose in 1/2 pint cold water  
Rub in 1 1/4lbs mustard over the loins and give 1 1/2lbs of Epsom Salts in 1/2 Gallon of Cold Water as soon as convenient before and after other doses -  
This is Mr. Badcock's receipt

### **A good disinfectant**

Permanganate of Potash

### **How to solder**

3 Pennyworth of Spirits of Salts  
Put the salts on the place to be soldering before putting on the solder.  
*(The following two recipes are written in a different hand)*

### **Rose B receipt for almond paste.**

1/2lb ground almonds  
1/2 lb icing sugar  
The white of an egg  
Beat the egg well and gradually mix in the almonds and sugar if not quite egg enough have a little rosewater to flavour  
Put this paste on a cake a week old and let it stay for 24 hours before putting icing.

### **A Receipt for Currant Bread**

Two pounds flour  
2 teaspoonful salt

1 ounce yeast, German,  
 3/4lb Currants  
 Sieve flour and salt  
 Mix in currants with flour  
 Mke a hole in centre and crumble yeast into it  
 Add 1/2 a pint of tepid water - let it stand for 15 minutes then add another 1/2 pint tepid water, and stand for 5 minutes  
 Stand in a warm place covered with a cloth for thirty minutes then make into loaves and let them stand for seventy  
 Bake in a moderate oven for about 30 mins

### Plants poisonous for cattle

Acacia, Yew, Rhododendrons and Laurel

For yew poisoning administer whiskey and linseed oil in equal parts

To keep it from getting worse give it once a week while having grass and 3 times a fortnight in winter

1oz nitre

2oz sulphur

3oz salts

When very bad or first taken as 4oz Salts

